

 Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi

 Sports Authority of india, New Delhi, National Anti Doping Agency, New Delhi

 Affiliated to : South Asian Bodybuilding & Fitness Federation

Affiliated to : South Asian Bodybuilding & Fitness Federation Asian Body Building and Physique Sports Federation, Singapore World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany Pacific Games Council (PGC), Australia



Date: 15th January 2018

Τo,

The Secretaries / Executive Committee Members / Life Members

State Body Building Associations / Union Territories / Government Sports Boards Affiliated to Indian Body Builders Federation Mumbai.

Ref. No.: IBBF/SN/CR-06/18

Sub.: "11th Senior Body Building (Mr. India) & 6th Physique Sports Men's & Women's National Body Building Championship 2018"

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to inform you that the most prestigious Championship of the year, "11th Mr. India, Senior Mens and Women Body Building & 6th Physique Sports Men's & Women's National Championship 2018"; will be held on and from 23rd to 25th March, 2018 at Pune, Maharashtra under the organization of Maharashtra Body Building Association.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Government Sports Boards to participate with best of their athletes as prescribed in the circular to make this championship a grand success.

Thanking you

For Indian Body Builders Federation

Mr. Chetan M. Pathare General Secretary





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PARTICULARS

Contest	:	11 th Mr. India, Senior Men's & Women Body Building & 6 th Men's & Women Physique Sports Championship 2018
Date	:	Friday 23 rd March 2018 to Sunday 25 th March 2018
Organizer	:	Indian Body Builders Federation Maharashtra Body Building Association
Venue for Pre-Judging	:	Shri Shiv Chatrapati Sports Complex, Mhalunge, Balewadi, Pune.
Venue for Finals	:	Shri Shiv Chatrapati Sports Complex, Mhalunge, Balewadi, Pune.
Reception	:	Hotel Orchid Adjacent to Shri Shiv Chatrapati Sports Complex, Mhalunge, Pune
Lodging for participant	S:	Hotel Orchid Adjacent to Shri Shiv Chatrapati Sports Complex, Mhalunge, Pune Lodging will be provided for Three nights only.
Lodging for Officials	:	Hotel Orchid Adjacent to Shri Shiv Chatrapati Sport Complex, Mhalunge, Pune Lodging will be provided for Three nights only.
Nearest Railway Station	n:	Pune Railway Station (14.4 kms) appox 40 mins Please note: No pick and drop will be arranged
Nearest Airport	:	Pune Airport (21.8 kms) appox 50 mins Please note: No pick and drop will be arranged
Contact	:	Mr. Vikram Rothe – 9819055000/ 9821244090 Mr. Varun Srinivassan - 9764109999 Mr. Madan Kadu - 9619792444 Mr. Rajesh Sawant - 9867209971 Mr. Santosh Pawar - 98211065723
IBBF Secretariat	:	Mr. Chetan Pathare –General Secretary Mobile: 099679 71970



J	Recognized by	: Government of India, Ministry of Youth Affairs & Sports, New Delhi Sports Authority of india, New Delhi, National Anti Doping Agency, New Delhi
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Categories :	
For Men's Body Building	Total ten weight groups Up to & inclusive 55 kgs Up to & inclusive 60 kgs Up to & inclusive 65 kgs
	Up to & inclusive 70 kgs
	Up to & inclusive 75 kgs Up to & inclusive 80 kgs
	Up to & inclusive 85 kgs
	Up to & inclusive 90 kgs
	Above 90 kgs & below 100 kgs Above 100 kgs
	ADDIC 100 Kg3
For Women's Body Building	: One Open Group
For Men's Sports Physique	: One Open Group
For Women's Physique Sports	: One Open Group
Eligibility	: Twelve Body Builders from each affiliated State units/ Union Territories / Government Sports Boards for Men's Body Building but not more than two Body Builders in one weight group will be allowed. The host State Association will be allowed to field two teams that is 24 Body Builders (A and B Team). For Team Championship only A team points will be calculated.
	For Women's Body Building there is no restriction of entries.
	For Women's Model Physique there is no restriction of entries.
	For Men's Physique Sports category each unit can send only FOUR athletes and the host State Association will be allowed to field two teams that is EIGHT athletes (A and B Team)
Entry Fee :	
Men's Body Building	Rs.500/- per competitor
Women's Body Building	Rs.500/- per competitor
Men's Physique Sports Women's Model Physique	Rs.2000/- per competitor Rs.2000/- per competitor
For Best Posing	Rs.500/- per competitor for Best Poser Contest
Registration Fee for Official:	Rs. 1000/- per official
Security Deposit:	Rs.5000/- per State units/ Union Territories / Government Sports Boards
Last Date for Entry :	15 th March 2018.

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Mumbai	Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany Pacific Games Council (PGC), Australia
Submission of entries	 Entries will be accepted in prescribed format Entries may be sent to 1. General Secretary Indian Body Builders Federation Pathare Gymco
	 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai-400 012. Maharashtra. 2. Email:- ibbf_mumbai@yahoo.in
Annual Fees	: All the affiliated State Associations/Union Territories are requested to pay their Annual Membership Fees of Rs.10000/- and Government Sports Board are requested to pay Fees of Rs.15000/- on or before 23rd March,2018.Those who fail to pay the annual fees for the year 2018 before 23rd March 2018 will not be allowed to participate.
Judges Examination	: Only affiliated State Units/Union Territories/Government Sports Boards will be eligible to nominate and submit the entries for Judges Examination on or before 23rd March, 2018 to those who wish to participate in Judges Examination along with the Fees of Rs.5000/- with two photographs and copy of Aadhar card. These candidates will have to pay Rs. 7500/- as an additional charges towards lodging and boarding to IBBF.
Prizes & Awards	
Senior Men's Body Building	 First three places in each category will receive Gold, Silver & Bronze Medals. First Five places in each category will receive Cash Prizes of Rs.1, 00,000/-, Rs.70, 000/-, Rs.50, 000/-, Rs.30,000/-, Rs.20,000/ along with Merit Certificates and trophy respectively. Overall Champion will receive Cash Prize of Rs.7, 50,000/-along with Trophy & Merit Certificate. Runner-up will receive Cash Prize of Rs.3, 50,000/- along with Trophy & Merit Certificate. 1st Runner-up will receive Cash Prize of Rs.1,50,000/- along with Trophy & Merit Certificate. Best Poser will receive Cash Prize of Rs.50, 000/- along with Trophy & Merit Certificate Most Improved Body Builder will receive Cash Prize of Rs. 50,000/- along with Trophy & Merit Certificate. Team Championship will receive Cash Prize of Rs.50, 000/- along with Trophy & Merit Certificate Team Championship will receive Cash Prize of Rs.50, 000/- along with Trophy & Merit Certificate Ist and 2nd Runner-up in Team Championship will receive Trophy & Merit Certificate respectively. All the Participants will receive participation certificate.

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Mumbai	Recognized by :	The Association for International sports for All (TAFISA), Frankfurt, Germany Pacific Games Council (PGC), Australia
Women's Body Building	:	1. First three places in the category will receive Gold, Silver &
		Bronze Medals respectively.
		 First Five places in each category will receive Cash Prizes of Rs.1, 00,000/-, Rs.70, 000/-, Rs.50, 000/-, Rs.30,000/- ,Rs.20,000/-along with Merit Certificates and trophy
		respectively.
		3. All the Participants will receive participation certificate.
Men's Physique Sports	:	 First three places in the category will receive Gold, Silver & Bronze Medals respectively.
		2. First Five places in each category will receive Cash Prizes of
		Rs.1, 00,000/-, Rs.70, 000/-, Rs.50, 000/-, Rs.30,000/- ,Rs.20,000/-along with Merit Certificates and trophy
		respectively.
		3. All the Participants will receive participation certificate.
Women's Model Physiqu	ie :	 First three places in the category will receive Gold, Silver & Bronze Medals respectively.
		 First Five places in each category will receive Cash Prizes of
		Rs.1,00,000/-, Rs.70,000/-, Rs.50,000/-, Rs.30,000/-
		,Rs.20,000/-along with Merit Certificates and trophy
		respectively.
		3. All the Participants will receive participation certificate.
		Please note that above cash prizes may be subject to income tax deduction at source and winner will have to produce their pan card and aadhar card clear Xerox copies for claiming prize money cheque. Without these documents the prize money cheque will not be issued.
Doping	:	Dope test may be conducted at random by the National Anti Doping
		Agency (NADA).
		In order to participate in the above mentioned championship, it is mandatory to fill up and sign the drug testing consent and waiver off liability form.
Rules for the Contest	1.	Team Managers to note that competitors who fail for weighing - in within the time limit will be eliminated from the championship.
	2.	All officials & competitors must arrive prior to the schedule.
	3.	Organizers will provide free lodging & boarding to the athletes, President, Secretary, Coach, Manager and Maximum 1 Judges of each Unit along with Executive Committee Members of the Indian Body Builders Federation for three nights only. Other than the above mentioned officials, extra officials, supporters and family members will not be provided with lodging and boarding facility. If requested prior with the charges of Rs. 7500/-, triple occupancy lodging and boarding facility will be provided. We require affiliated units co-operation for the same.
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		: Government of India, Ministry of Youth Affairs & Sports, New Delhi Sports Authority of india, New Delhi, National Anti Doping Agency, New Delhi
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	4. 5.	Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers & wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure. As mentioned above security deposit of Rs. 5000/- is mandatory to be paid at the time of registration and if there is any damage the said security deposit will be forfeited against the same. All the Officials, managers, coaches are requested to come in uniform prescribed by IBBF in all the schedules activities. Those who
	6.	do not have uniform as prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as a Judge. Participants and officials who arrive before 23 rd March 2018 and wish to stay after 26 th March 2018 will have to bear for their own
		lodging & boarding.
	7.	Golden, Silver and Bronze color tanning cream is not allowed.
	8.	It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs, actions and dancing will not be tolerated and the said participant will be banned from the Best Posing contest.
Please note	:	Indian Body Builders Federation, Maharashtra Body Building Association and no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



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SCHEDULE

Friday 23 rd March 2018		
11.00 AM ONWARDS	:	Arrival of all competitors, officials & judges
01.00 PM TO 02.00 PM	:	Lunch (Venue will be informed later)
02.30 PM TO 04.00 PM	:	Judges / Coaches / Team Managers Meeting (Venue will be informed later)
4.00 PM to 9.00 PM	:	Weighing-in (Venue will be informed later)
09.00 PM ONWARDS	:	Welcome Dinner (Venue will be informed later)
Saturday 24 th March 2018		
07.00 AM TO 09.00 AM	:	Break Fast (Venue will be informed later)
9.30 AM TO 10.30 AM	:	Executive Committee Meeting
11.00 AM TO 01.00 PM	:	Annual General Meeting
12.00 PM TO 02.00 PM	:	Lunch (Venue will be informed later)
02.30 PM ONWARDS	:	Pre-Judging (Venue will be informed later)
Sunday 25 th March 2018		
07.00 AM TO 09.00 AM	:	Break Fast (Venue will be informed later)
12.30 PM TO 03.00 PM	:	Lunch
04.00 PM ONWARDS	:	Finals & Prize Distribution (Venue will be informed later)
10.00 PM ONWARDS	:	Farewell Dinner (Venue will be informed later)
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Monday 26 th March 2018		
11.00 AM	:	Departure of all competitors, officials & judges



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World Body Building and Physique Sports Federation, Dubai, UAE Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany

Pacific Games Council (PGC), Australia



OFFICIAL ENTRY FORM

<u>Please fill this entry form and return on or before 15th March 2018.</u>

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Men's Body Building		
2		Men's Body Building		
3		Men's Body Building		
4		Men's Body Building		
5		Men's Body Building		
6		Men's Body Building		
7		Men's Body Building		
8		Men's Body Building		
9		Men's Body Building		
10		Men's Body Building		
11		Men's Body Building		
12		Men's Body Building		
13		Women Body Building		
14		Women Body Building		
15		Men's Physique Sport		
16		Men's Physique Sport		
17		Men's Physique Sport		
18		Men's Physique Sport		
19		Women Model Physique		
20		Women Model Physique		

TEAM MANAGER: COACH:

JUDGE:

UNIT NAME:

TRAIN No. & ARRIVAL TIME: TRAIN No. & DEPARTURE TIME:

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Ref. No.: IBBF/SN/CR-06/18

Date: 15 January 2018

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II)) MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that _____

Body Builders/Officials of _____

is/are taking part in the **11th Senior Body Building (Mr.India) & 6th Physique Sports Men's & Women National Body Building Championship 2018,** being organized by **Maharashtra Body Building Association, Pune, Maharashtra**; under the authority of **Indian Body Builders Federation**. From 23rd March to 25th March 2018. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from ______ to _____ and back.

For Indian Body Builders Federation

Chetan M. Pathare

General Secretary



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Date: 15th January 2018

To, **The Executive Committee Members** Indian Body Builders Federation Mumbai

EXECUTIVE COMMITTEE MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee of the Indian Body Builders Federation, that a Meeting of the Executive Committee will be held on Saturday 24th March, 2018 at 9.30 AM at Hotel Orchid, Pune, Maharashtra during 11th Senior National Men's and Women Body Building Championship 2018, to discuss the following Agenda.

All the Executive Members are requested to attend the same in proper uniform.

<u>AGENDA</u>

- 1. To confirm the minutes of the last Executive Committee Meeting.
- 2. To adopt the Annual Report as submitted by the General Secretary.
- 3. To discuss and confirm the forthcoming championships for the year 2018-2019.
- 4. To discuss and confirm the Asian championship held under the aegis of ABBF in India.
- 5. To resolve the state association issues if any.
- 6. To adopt new amendments if any and put forward in General Body Meeting.
- 7. To appoint the Internal Auditor and Chartered Accountant for the year 2018-2019 and adoption of the Statement of Account submitted by the Treasurer for the year 2017-2018.
- 8. To discuss about the letters if any received from Executive Committee Members or the State Associations before 22rd March, 2018.
- 9. Any other matter with the permission of chair.

For Indian Body Builders Federation

Mr. Chetan M. Pathare General Secretary





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Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany Pacific Games Council (PGC), Australia

Date: 15th January 2018

To, **The Executive Committee Members /Representatives Of Affiliated State Associations / Union Territories / Sports Boards** Of Indian Body Builders Federation Mumbai

ANNUAL GENERAL BODY MEETING

NOTICE

Notice is hereby given to all the members of the Executive Committee & the representatives of the affiliated State Associations / Union Territories / Sports Board of the of the Indian Body Builders federation, that the Annual General Body Meeting will be held on Saturday 24th March, 2018 at 11.00 AM at Hotel Orchid, Pune, Maharashtra during 11th Senior National Men's and Women Body Building Championship 2018, to discuss the following Agenda.

All the Executive Members / Representatives of State Associations / Union Territories / Sport Boards are requested to attend the same in proper uniform.

AGENDA

- 1. To confirm the minutes of the last Annual General Body Meeting held in Gurgaon, Haryana.
- 2. To adopt the Annual Report as submitted by the General Secretary.
- 3. To discuss and confirm the forthcoming championships for the year 2018-2019.
- 4. To discuss and confirm the Asian championship held under the aegis of ABBF in India.
- 5. To resolve the state association issues if any.
- 6. To adopt new amendments if any and put forward in General Body Meeting.
- 7. To appoint the Internal Auditor and Chartered Accountant for the year 2018-2019 and adoption of the Statement of Account submitted by the Treasurer for the year 2017-2018.
- 8. To discuss about the letters if any received from Executive Committee Members or the State Associations before 15th March, 2018.
- 9. Any other matter with the permission of chair.

For Indian Body Builders Federation

Mr. Chetan M. Pathare General Secretary

